

Cultural Competency Training

“To (re)gain an understanding of cultural competency as a skill, and like any skill requires ongoing development and ‘exercise’”

Full Day Training (6 hours)

Key Components:

Building an Understanding of Cultural Competency (1 hour)

Core Understanding:

Realize that cultural competency is a necessity.

Essential Questions:

What is Cultural Competency?

Why is it important?

Skill Building: Awareness of Self and Others (2 hours)

Core Understanding:

Gain a heightened personal awareness of our worldview.

Essential Questions:

What has shaped ones identity?

How does your identity affect your worldview? (values, beliefs, priorities)

How does your identity affect relationships with others?

How can I recognize differences?

Skill Building: Scratching at the Surface of Privilege and Oppression (1 hour)

Core Understanding:

Acknowledge that both privilege and oppression affect all of us.

Essential Questions:

What is privilege?

What is oppression?

How does my positionality influence my life? Affect others?

Workplace Application (2 hours)

Core Understanding:

Recognize how personal development is applicable to professional development.

Essential Questions:

How does personal awareness influence effectiveness in the workplace?

What challenges around cultural competence do you face in the workplace?

How can we apply what you have learned today to address these issues?