



Global Health Conference



CONFERENCE PROGRAM

AUGUST 19, 2011
University of Washington
School of Medicine

3720 15th Ave NE - Seattle, WA 98196
Genome Sciences Room 060

Conference organized by New Futures www.newfutures.org

A Global Health Conference: Delivering Culturally Proficient Services to Diverse Communities

Schedule for August 19th, 2011

- 7:30-10:00 Registration
- 8:00-9:30 Welcome and Keynote Speaker, Dr. J. Carey Jackson
- 9:40-10:10 Community Health Plan of Washington Presentation
- 10:30-11:40 Session I presentations — HSCT- Wing (5th floor)
- 11:40-12:50 Lunch
- 1:00-2:10 Session II presentations — HSCT- Wing (5th floor)
- 2:20-3:30 Session III presentations — HSCT- Wing (5th floor)
- 3:40-4:50 Session IV presentations — HSCT- Wing (5th floor)

8:00-9:30 Welcome and Keynote Speaker

Dr. J. Carey Jackson M.D., M.P.A., M.A.

Lost in America: Helping Refugees Navigate U.S. Medical Care

Dr. Jackson will discuss the many challenges faced by arriving and previously resettled immigrants and refugees. He will review cases representative of health disparities faced by these communities and discuss the structures of inequity inherent in American Medicine that perpetuate these disparities, as well as emerging efforts to address them.

9:40-10:10 Community Health Plan of Washington Presentation

Note: All sessions will be held at Magnuson Health Sciences Building T-wing 5th floor

Choose from four Presentation Sessions

10:30-11:40 Session I Presentations	Location
Achieving Health Equity through Education and Language Access	Room T534-T536
Diversity Awareness in Healthcare	Room T541-T543
The Growing Imperative for Culturally Competent Health and Human Services	Room T547-T549
Improving Health Outcomes: Role of Patient Navigators, Promotores, and Cultural Navigators and Community Cafes	Room T538-T540

Presentation Sessions continued

1:00-2:10 Session II Presentations	Location
Caring for Immigrant and Refugee Women with Behavioral Health Conditions	Room T548
Diversity Awareness in Healthcare	Room T541-T543
The Growing Imperative for Culturally Competent Health and Human Services Room	Room T547-T549
The Emotional Health and Well Being of Resettled Refugees Considerations for Practitioners	Room T546

2:20-3:30 Session III Presentations	Location
Achieving Health Equity through Education and Language Access	Room T534-T536
Caring for Immigrant and Refugee Women with Behavioral Health Conditions	Room T548
HIV in Immigrant and Refugee Populations	Room T537
Practicing Cultural Humility Through Collaboration	Room T553

3:40-4:50 Session IV Presentations	Location
The Emotional Health and Well Being of Resettled Refugees Considerations for Practitioners	Room T546
HIV in Immigrant and Refugee Populations	Room T537
Improving Health Outcomes: Role of Patient Navigators, Promotores, and Cultural Navigators and Community Cafes	Room T538-T540
Practicing Cultural Humility Through Collaboration	Room T553

Presentation Descriptions



Achieving Health Equity through Education and Language Access

Nimisha Ghosh Roy, Cross Cultural Health Care Program

Description: Innovative strategies for reaching women and girls from emerging immigrant and refugee communities.

Offered Session I (10:30-11:40) and Session III (2:20-3:30)



Diversity Awareness in Healthcare

Paulina Alanis; Matias Valenzuela; Agustin Rubio, MD; Lourdes Salazar

Description: The population in the last decade has changed dramatically in the US, bringing diversity of culture, ethnicity and language to urban and rural communities. These changes mean that we need to expand the standard medical model to include cultural traditions to improve the health care status of the culturally diverse communities. Awareness on the differences between cultures allows healthcare providers to bridge the gap and provide care that fits each individual in the best way possible.

Offered Session I (10:30-11:40) and Session II (1:00-2:10)



The Growing Imperative for Culturally Competent Health and Human Services

Ira SenGupta, Executive Director, Cross Cultural Health Care Program

Description: Compelling reasons to incorporate cultural competency in health and human services from a legal and business perspective.

Offered Session I (10:30-11:40) and Session II (1:00-2:10)



HIV in Immigrant and Refugee Populations: Current Impact and Challenges” Diagnosis, Prevention, Management of HIV in Immigrant Populations

Christian B. Ramers, MD, MPH UW School of Medicine

Description: In this case-based presentation, Dr. Ramers will review the current impact of HIV and its related infections (tuberculosis, Hepatitis B/C, sexually transmitted infections) on immigrant and refugee families. He will first review the current global epidemiology and impact of these conditions on immigrant populations. Using case scenarios from his experience as an HIV clinician, he will highlight specific challenges to clinicians and public health officials in all areas of HIV-related care, from prevention to diagnosis to clinical management and policy implications. Emphasis will be placed on immigrants from Latin America and Africa, however, the principles discussed will be applicable to any immigrant population

Offered Session III (2:20-3:30) and Session IV (3:40-4:50)



Practicing Cultural Humility Through Collaboration

Safiya McCarter ND; Marie-Sabine Thomas ND, LMP, Bastyr University

Description: This presentation will present how partnerships have provided a platform for innovation in abating healthcare disparities in community health and in integrative complementary and alternative healthcare that is unique to King County and to Washington State. They will also explore ways in which collaboration between allopathic and alternative healthcare practitioners can support the practice of cultural humility, increase cultural competency to achieve better health outcomes for patients served.

Offered Session III (2:20-3:30) and Session IV (3:40-4:50)



Caring for Immigrant and Refugee Women with Behavioral Health Conditions

Dr. Lorin Boynton, Associate Professor Dept of Psychiatry and Behavioral Sciences, University of Washington

Description: This presentation will describe the most prevalent behavioral health conditions that immigrant and refugee women struggle with. It will address culturally sensitive ways in which to work with these women and provide resources that may be of use to providers caring for them.

Offered Session II (1:00-2:10) and Session III (2:20-3:30)

Presentation Descriptions continued



Improving Health Outcomes: Role of Patient Navigators, Promotores, and Cultural Navigators and Community Cafes

Hispanic Health Leaders Workgroup: Diana Lindner, MD, FAAP; Sarah Rafton, MSW; Chor Phen Ng; Alicia Luna; Lillia Gomez

Description: Research demonstrates that underserved minorities, immigrants and refugees are disproportionately affected by obesity, diabetes, poor oral health, teen pregnancy, school underachievement and other increasing inequalities. Often, these issues are not appropriately addressed by providers who may lack cultural competency. Representatives from these community outreach and education models will explain their specific roles within health providing organizations. In addition, clinicians will offer their personal perspective on their unique practices.

Offered Session I (10:30-11:40) and Session IV (3:40-4:50)



The Emotional Health and Well Being of Resettled Refugees Considerations for Practitioners

Beth Farmer, MSW, MHP; and Khawla Hadi, International Counseling and Community Services (ICCS)

Description: This presentation will provide greater context for cultural orientation around mental health with refugees. Providers working with refugees become more aware of the mental health needs within refugee communities, and understand better how refugees may view emotional illness in their own culture. We will support providers in developing a language for talking about mental health so that stigma can be reduced.

Offered Session II (1:00-2:10) and Session IV (3:40-4:50)

Notes

New Futures would like to thank the following sponsors:



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